

**Safe Kids USA**

**Start Safe: A Safe Travel Program for  
Families of Preschoolers**



# WELCOME

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1. Safety inside a vehicle 25 minutes
2. Safety outside of a vehicle 25 minutes
3. Discussion 10 minutes
4. Questions 10 minutes



# Never Leave Your Child Alone

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Why should kids never be left in a car without an adult?



# Never Leave Your Child Alone

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Even on a mild day

- In just 10 minutes the temperature in a car can go up more than 20 degrees.
- Children's bodies warm at a rate 3 to 5 times faster than an adult's.
- It is never safe even for a minute!

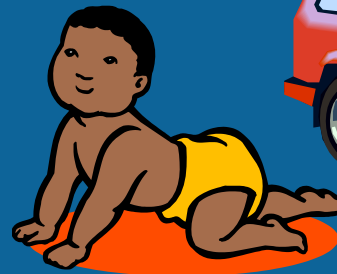


# Never Leave Your Child Alone

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Kids can get hurt playing alone in cars.

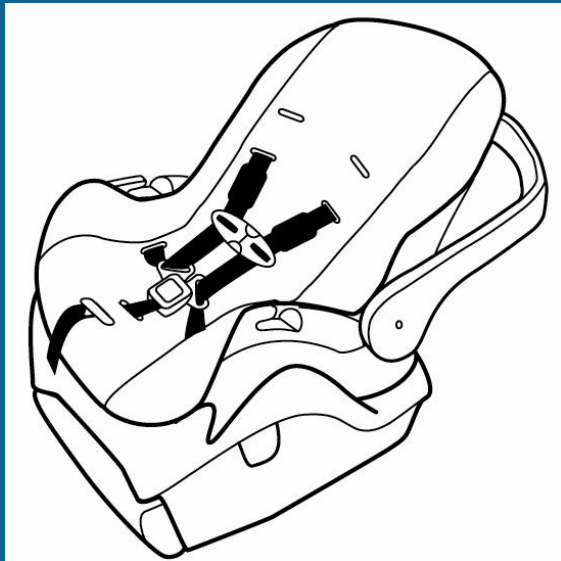
- Cars/trucks are not toys or hiding spots.
- Do not allow children to play with the gear shift or ignition.
- Store your car keys where kids can't find them.
- Close and lock all car doors and trunks once you have checked for sleeping babies.



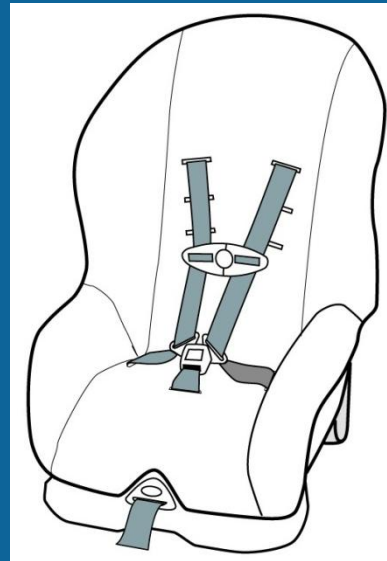
# Car Seat Basics

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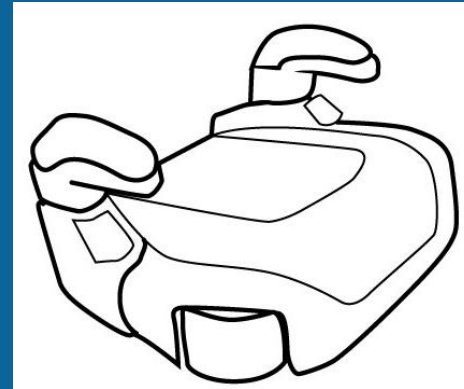
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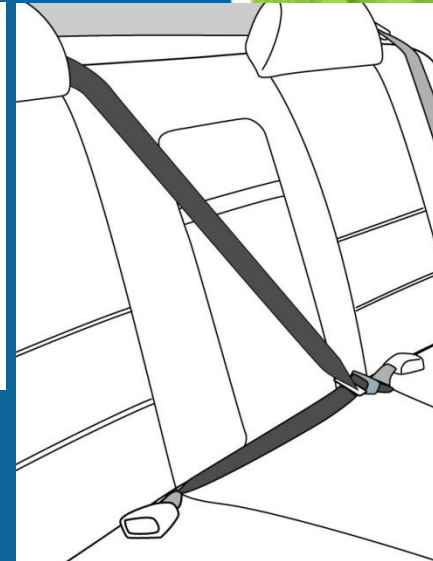
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# Car Seat Basics

## Babies:

- Keep children rear-facing, in a back seat, for as long as possible.
- Keep baby rear facing until 2 years old AND until the highest weight or height limit of their car seat.
- Never hold a baby in car.



Baby Seat



Convertible Car Seat  
(Baby & Toddler)

# Car Seat Basics

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## Toddlers:

- Children should ride forward-facing in a car seat that has a full harness.
- Keep the harness snug on the child. Snug means you cannot pinch extra webbing on the harness.
- Use the car seat top tether.

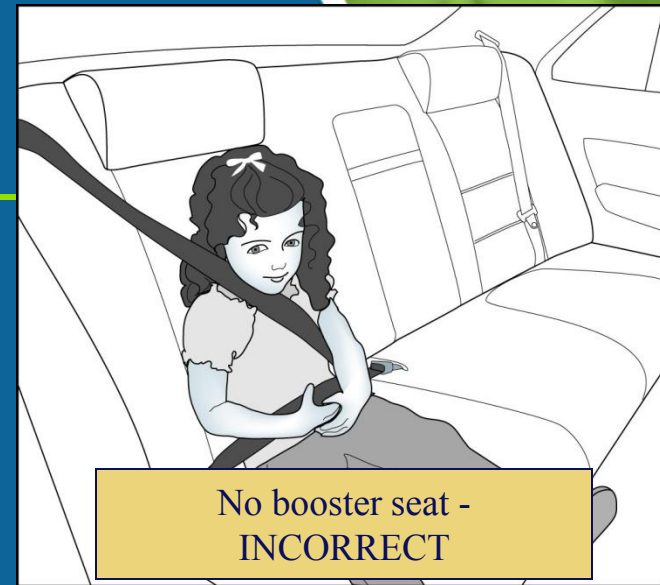


Forward-facing car seat

# Car Seat Basics

## Booster seats:

- Use the vehicle lap and shoulder seatbelt while seated on the booster seat. Do not use on very young children who can climb out.
- Use a booster seat until your child can safely fit into the adult seatbelt at 4'9" and between 80-100 pounds.



# Safety Basics

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- Until the adult seat belt fits your child he/she needs to be in a car seat or booster seat.
- For many kids they will be between 8-12 years, weigh 80-100 pounds and be 4'9" tall before the seat belt fits.

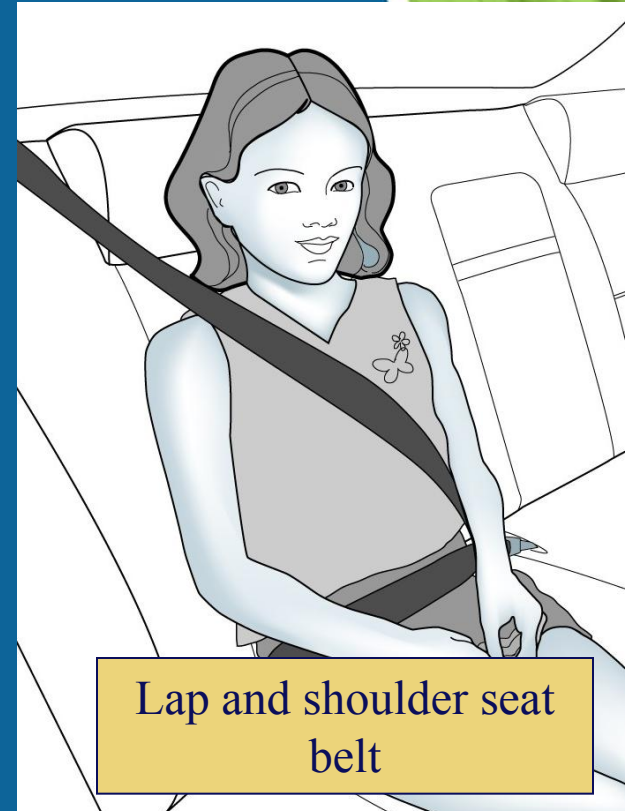


# Car Seat Basics

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## Safety Belts

- The shoulder belt should rest on the collar bone.
- The lap belt should stay low across the hips not the stomach.
- Many kids will be between 8-12 years old when the seat belt alone will fit.
- Never place shoulder belt behind a child's back or arm.



# Car Seat Basics

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## TIPS

- Keep all children under 13 in a back seat.
- Be sure all children are buckled up on every ride, in every car.
- Make sure all children are in the correct car seat/booster seat for their age and weight.
- Follow the instructions for your car seat or booster seat every time.
- Make sure all adults are buckled up on every ride, even in the back seat.



# Car Seat Basics

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## Tips Con't.

- Do not buy car seats or booster seats from flea markets and yard sales. You will not know if it has been in a crash or if all the parts are there.
- Car seats should be installed in the car using the seatbelt or using LATCH- not both together.



Lower anchor

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# PEDESTRIAN SAFETY

Staying safe while walking



# Walking Safely

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- Why do parents always need to stay with young children while they walk?



# Walking Safely

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- Children under age 10 can't make safe decisions.
- Children move quickly and without warning.
- Children are small and hard for drivers to see.



# Tips for Walking Safely

- Always walk with your child until age 10
- Firmly hold your child's hand
- Stay on sidewalks or paths
- Don't walk in the street



# Crossing Streets Safely

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- Always cross streets with your child
- Crosswalks are marked areas where it is safe to cross the street
- Cross at corners, not the middle of the block



# Tips for Crossing Streets Safely

- Look left, right, then left again before crossing
- Look and listen for cars while you cross
- Firmly hold your child's hand when crossing
- Obey traffic signals



# Being Seen While Walking at Night

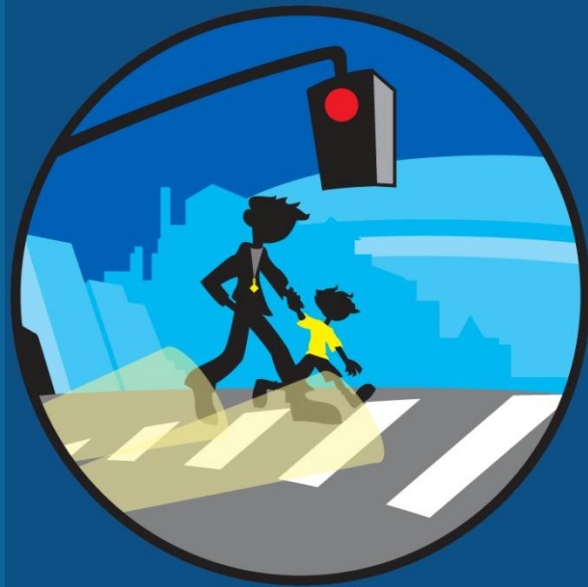
- Why is it important for walkers to be seen by drivers after dark?



# Tips for Being Seen at Night

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- Wear light-colored clothing
- Wear reflective materials on clothing or backpacks
- Kids should never walk alone at night



# Staying Safe Near School Buses

- Walk with your child to the bus stop
- Stay on the sidewalk while waiting
- Always cross at least 10 feet in front of school buses
- Never walk behind a school bus



# Tips for Staying Safe Near Vehicles

- All vehicles have blind spots
- Childrens small size makes it hard for drivers to see them behind or near a car
- Children should never play around traffic, cars, in driveways, or parking lots



# Tips for Obeying the Rules of the Road

- Follow all traffic signs and signals
- Drivers expect you to follow the rules, too
- Set a safe example for your child



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# Questions?



# Questions

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For more information about keeping  
your children safe, visit the Safe Kids  
web site:

{local Safe Kids contact}

