

Health Service Advisory Meeting
October 7, 2011

Present: Vicky Schantz, JoAnn Brager, Linda Schulz, Karla Kalanek, Kathy Odegaard (Custer Health nurse), Jeanine Wall-Herbert (dietitian WIC), and Cynthia Dailey (Parent)

Introductions were made.

Agenda:

1. BMI results: 120 out of 160 students have had their BMI completed at this time. 43% of the students done so far are considered overweight by their BMI. This is not a diagnosis. It is a screening tool. Each parent will receive a copy of their own child's BMI along with a letter that explains the BMI and some healthy lifestyle education.
2. Nutrition Committee update: An update was shared with the Health Service Advisory Committee.
3. Lead screening machine: West River Head Start's Policy Council purchased a lead screener for our program. The lead screener will only require a finger poke of blood. West River Head Start will follow the Health Tracks (EPSDT) guidelines for doing lead screens on our students.
4. Hearing machine: Hazen hospital is allowing us to use their OAE machine for hearing screenings. The management staff had training in August by Megan Thorson and if Megan can come back to do that training for the teaching staff, Custer Health staff would like to be invited to attend.
5. Nutrition Questionnaire: There seems to be a lot of children in our program who watch 4-6 hours of television/movies per day. We are going to focus some of our nutrition education on decreasing screen time for our kids. We also decided to add a question about electronic video games to the nutrition questionnaire. We are hearing more information regarding younger kids also playing computer games, gaming systems and hand held games. We are also going to send home activity ideas for our families to do with their children instead of watching TV or playing electronic games.
6. Mantoux (tuberculosis) testing changes: Tuberculin testing solution is no longer supplied by the State Immunization Program. We now have to purchase our own supply. It can range in price from \$30.00-\$60.00 per vial. Each vial provides a minimum of 10 doses. Once a vial is opened it is only good for 28 days. Then it needs to be discarded. We are going to work with the HIT nurses. Our new employees will have a tuberculosis test after completing their employment paperwork with the HIT nurses.
7. Upcoming Federal Monitoring Review: West River Head Start is having their review in October. Committee members may get a phone call from a reviewer to ask them questions regarding the Health Advisory Committee.

Meeting Adjourned

Minutes submitted by Vicky Schantz, RN